



Northwest Counseling & Associates LLC
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ORAL SWAB TEST

Supplemental and Measurable Guidelines

These measurable guideline components are a recommendation from the American Psychiatric Association and American Academy of Child and Adolescent Psychiatry to establish a minimum standard of care. The Oral Swab test is useful to monitor levels of medication in the system to assess the patient's general health status. Please be aware of the recommended monitoring of the following medications.

1. Benzodiazapines:

- a. Alprazolam (xanax)
- b. Clonazepam (klonopin)
- c. Chlorazepate (tranxene)
- d. Diazepam (Valium)
- e. Lorazepam (Ativan)
- f. Oxazepam (Serax)
- g. Temazepam (Restoril)

2. Opioid: Treated with Suboxone;

- a. Morphine
- b. Oxycodone
- c. Fentanyl
- d. Methadone
- e. Heroin
- f. Hydrocodone
- g. Methamphetamine

3. Stimulants:

- a. Adderall
- b. Vyvanse
- c. Ritalin
- d. Focalin

Such tests are done to measure the drug level in the body to avoid toxicity or drug interaction. The frequency of the Oral Swab test will be a minimum of three times a year, but could be more if necessary depending on the result of the test. Thank you for complying with these terms I appreciate your cooperation and understanding.